



First 5 California Annual Report

2021-2022



Contents

Background and Purpose	1
AR1: Early Childhood Mental Health.....	2
AR1: Family First.....	3
AR1: Roundhouse Council.....	4
AR1: First 5 Early Childhood Development Specialist.....	5
AR1: New Parent Kits	6
AR1: ECE IMPACT Sites.....	7
AR1: Early Intervention	8
AR1: Improved Systems of Care.....	9
AR2: Total Number of Individuals Served	10
AR3: Evaluation Summary.....	11
AR3: County Highlights.....	13

Background and Purpose

First 5 Plumas County Children and Families Commission is required to submit an annual report to First 5 California to “provide a summary of county Commission revenues, expenditures, and population served as required by the California Children and Families Act (Health and Safety Code, Sections 130100–130155). The First 5 California Annual Report (AR) contains three sections:

AR-1: County Revenue and Expenditure Summary

The County Revenue and Expenditure Summary form (AR-1) captures First 5 county commission fiscal data showing the relationship between financial resources and services. The fiscal data must be consistent with Generally Accepted Accounting Principles (GAAP) and each commission’s audited financial statements.

The following outlines the requirements for completing the AR-1:

- The revenue Detail section must include total revenue from tobacco tax, First 5 California funds, other public funds (federal, state, local), and additional revenue from sources such as services, grants, and donations. County commissions receiving Small Population County Funding Augmentation (SPCFA) must report these funds as revenue but are no longer required to include additional SPCFA detail when reporting expenditures.
- County commissions must specify the total expenditures and people served (children, primary caregivers, providers) by result area with additional breakout by Service Category and Grantee Type. To the extent possible, counts of children, primary caregivers, and providers should be unduplicated at the level of the Grantee Type.

AR-2: County Service Demographic Worksheet

The purpose of the County Demographic Worksheet (AR-2) is to capture demographic information about the populations served by each First 5 commission at the county level.

The following outlines the requirements for completing the AR-2:

- Provision of unduplicated counts of populations served within the county including breakdowns by population category, race/ethnicity, and primary language spoken in the home.
- To the extent possible, counts of persons served should be unduplicated for AR-2. Commissions should aggregate number of persons served across Results/Services/Grantee Types reported in AR-1 to complete the Demographic Worksheet. Because duplicated counts are allowed in the AR-1, the total number of persons for demographic data reported in the AR-2 should be the same or less than the number of persons reported in the AR-1

AR-3: County Evaluation Summary and Highlights

This section provides a standardized format for each county commission to submit information about evaluation activities completed and findings reported in its Annual Evaluation Report or other evaluations conducted during the fiscal year focusing on all four Result Areas: Family Functioning, Improved Child Development, Improved Child Health, and Improved Systems of Care. County highlights describing accomplishments during the fiscal year also are reported and will be published in F5CA’s Annual Report

The following outlines the requirements for completing the AR-3:

- Evaluation Activities Completed: Provide a description of evaluation activities completed, evaluation findings, and their policy impact during the fiscal year.
- County Highlights: Provide two or three highlights or accomplishments that occurred during the fiscal year.

All completed data submission forms are due to First 5 California by 11:59 pm on October 31, 2022. The following pages contain information that is necessary for submission to First 5 California as an element of the Annual Reporting process. Only information that is gathered as a component of evaluation efforts are provided in this document. Guidelines for the annual report process can be found here:

https://www.cfc.ca.gov/pdf/partners/data_systems/ar/Annual_Report_Guidelines_FY_2021-22.pdf

AR1: Early Childhood Mental Health

Result Area Type:	Improved Family Functioning	Expenditures:	TBD Following Audit
Service Category:	Intensive Family Support	Revenue Source:	TBD Following Audit
Grantee Type:	CBO/Non-Profit		
Program Model:	Other: Five Protective Factors		
Age	Total		
Children Less Than 3 years old	2		
Children from 3 rd to 6 th Birthday	3		
Children Age Unknown (birth – 6 th Birthday)	-		
Primary Caregivers/Other Family Members	8		
Providers	-		
Total Population Served	13		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	-	1	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	1	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	1	5	-
Two or More Races	1	1	-
Other (Specify)	-	-	-
Unknown	3	-	-
Total	5	8	-
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	3	8	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	2	-	-
Total	5	8	-

Categories for Improved Family Functioning:

General Family Support • Intensive Family Support • Family Literacy Book Programs

AR1: Family First

Result Area Type:	Improved Family Functioning	Expenditures:	TBD Following Audit
Service Category:	Intensive Family Support	Revenue Source:	TBD Following Audit
Grantee Type:	County Health & Human Services		
Program Model:	Other: Five Protective Factors		
Age	Total		
Children Less Than 3 years old	35		
Children from 3 rd to 6 th Birthday	9		
Children Age Unknown (birth – 6 th Birthday)	-		
Primary Caregivers/Other Family Members	35		
Providers	-		
Total Population Served	79		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	-	1	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	2	4	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	24	25	-
Two or More Races	14	5	-
Other (Specify)	-	-	-
Unknown	4	-	-
Total	44	35	-
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	36	34	-
Spanish	2	1	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	6	-	-
Total	44	35	-

Categories for Improved Family Functioning:

General Family Support • Intensive Family Support • Family Literacy Book Programs

AR1: Roundhouse Council

Result Area Type:	Improved Family Functioning	Expenditures:	TBD Following Audit
Service Category:	Intensive Family Support	Revenue Source:	TBD Following Audit
Grantee Type:	CBO/Non-Profit		
Program Model:	Other: Five Protective Factors		
Age	Total		
Children Less Than 3 years old	9		
Children from 3 rd to 6 th Birthday	2		
Children Age Unknown (birth – 6 th Birthday)	-		
Primary Caregivers/Other Family Members	9		
Providers	-		
Total Population Served	20		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	7	7	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	1	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	1	-	-
Two or More Races	2	-	-
Other (Specify)	-	-	-
Unknown	1	1	-
Total	11	9	-
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	11	7	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	-	2	-
Total	11	9	-

*There was one child served in which we have no date of birth and cannot confirm that they are either a qualifying age or another family member and therefore these five children are excluded from these totals.

Categories for Improved Family Functioning:

General Family Support • Intensive Family Support • Family Literacy Book Programs

AR1: First 5 Early Childhood Development Specialist

Result Area Type:	Improved Family Functioning	Expenditures:	TBD Following Audit
Service Category:	Intensive Family Support	Revenue Source:	TBD Following Audit
Grantee Type:	First 5 County Commission		
Program Model:	Other: Five Protective Factors		
Age	Total		
Children Less Than 3 years old	8		
Children from 3 rd to 6 th Birthday	7		
Children Age Unknown (birth – 6 th Birthday)	-		
Primary Caregivers/Other Family Members	11		
Providers	-		
Total Population Served	26		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	-	1	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	1	1	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	5	6	-
Two or More Races	6	2	-
Other (Specify)	-	-	-
Unknown	3	1	-
Total	15	11	-
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	12	10	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	3	1	-
Total	15	11	-

Categories for Improved Family Functioning:

General Family Support • Intensive Family Support • Family Literacy Book Programs

AR1: New Parent Kits

Result Area Type:	Improved Family Functioning	Expenditures:	TBD Following Audit	
Service Category:	General Family Support	Revenue Source:	TBD Following Audit	
Grantee Type:	County Health & Human Services			
Program Model:	Other: New Parent Kit Distribution			
Age	Total			
Children Less Than 3 years old	-			
Children from 3 rd to 6 th Birthday	-			
Children Age Unknown (birth – 6 th Birthday)	-			
Primary Caregivers/Other Family Members	15			
Providers	-			
Total Population Served	15			
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers	
Alaska Native/American Indian	-	-	-	
Asian	-	-	-	
Black/African American	-	-	-	
Hispanic/Latino	-	-	-	
Native Hawaiian or Other Pacific Islander	-	-	-	
White	-	-	-	
Two or More Races	-	-	-	
Other (Specify)	-	-	-	
Unknown	-	15	-	
Total	-	15	-	
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers	
English	-	-	-	
Spanish	-	-	-	
Cantonese	-	-	-	
Mandarin	-	-	-	
Vietnamese	-	-	-	
Korean	-	-	-	
Other (Specify)	-	-	-	
Unknown	-	15	-	
Total	-	15	-	

Categories for Improved Family Functioning:

General Family Support • Intensive Family Support • Family Literacy Book Programs

AR1: ECE IMPACT Sites

Result Area Type:	Improved Child Development	Expenditures:	TBD Following Audit
Service Category:	Quality Early Learning Supports	Revenue Source:	TBD Following Audit
Grantee Type:	Child Care Centers/Family Child Care		
Program Model:	Other: Business Supports		
Age	Total		
Children Less Than 3 years old	77		
Children from 3 rd to 6 th Birthday	159		
Children Age Unknown (birth – 6 th Birthday)	463		
Primary Caregivers/Other Family Members	-		
Providers	67		
Total Population Served	766		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	6	-	-
Asian	4	-	-
Black/African American	8	-	-
Hispanic/Latino	35	-	-
Native Hawaiian or Other Pacific Islander	6	-	-
White	194	-	-
Two or More Races	21	-	-
Other (Specify)	-	-	-
Unknown	425	-	67
Total	699	-	67
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	159	-	34
Spanish	12	-	1
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Russian)	1	-	-
Unknown	527	-	32
Total	699	-	67

Categories for Improved Child Development:

Quality Early Learning Support • Early Learning Program Direct Costs

AR1: Early Intervention

Result Area Type:	Improved Child Health	Expenditures:	TBD Following Audit
Service Category:	Early Intervention	Revenue Source:	TBD Following Audit
Grantee Type:	County Office of Education/School District		
Program Model:	Other: Early Intervention Supports		
Age	Total		
Children Less Than 3 years old	11		
Children from 3 rd to 6 th Birthday	-		
Children Age Unknown (birth – 6 th Birthday)	-		
Primary Caregivers/Other Family Members	2		
Providers	-		
Total Population Served	-		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	-	-	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	-	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	7	2	-
Two or More Races	3	-	-
Other (Specify)	-	-	-
Unknown	1	-	-
Total	11	2	-
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	10	2	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	1	-	-
Total	11	2	-

Categories for Improved Child Health:

General Health and Education Promotion • Perinatal and Early Childhood Home Visiting • Prenatal and Infant/Toddler Pediatric Support • Oral Health Education and Treatment • Early Intervention

AR1: Improved Systems of Care

Result Area Type:	Improved Systems of Care	Expenditures:	TBD Following Audit
Service Category:	Systems Building	Revenue Source:	TBD Following Audit
Grantee Type:	First 5 County Commission		
Program Model:			

AR2: Total Number of Individuals Served

Age	Total		
Children Less Than 3 years old	132		
Children from 3 rd to 6 th Birthday	175		
Children Age Unknown (birth – 6 th Birthday)	463		
Primary Caregivers/Other Family Members	73		
Providers	82		
Total Population Served	910		
Race/Ethnicity	Children Birth – 6 th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	13	8	-
Asian	4	-	-
Black/African American	8	-	-
Hispanic/Latino	38	7	-
Native Hawaiian or Other Pacific Islander	6	-	-
White	224	33	-
Two or More Races	43	8	-
Other (Specify)	-	-	-
Unknown	434	17	67
Total	770	73	67
Primary Language	Children Birth – 6 th Birthday	Primary Caregivers & Other Family Members	Providers
English	218	54	34
Spanish	14	1	1
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	1	-	-
Unknown	537	18	32
Total	770	73	67
Degree of Duplication (0-100%)	20%		
Confidence in Data:	<input type="checkbox"/> Not Sure <input type="checkbox"/> Somewhat Confident <input checked="" type="checkbox"/> Moderately Confident <input type="checkbox"/> Very Confident		
Additional Details:	The County has a data system to collect and report on unduplicated counts of children and families served through its primary investment of Home Visiting and Early Childhood Mental Health projects. It does not require that level of data management to include New Parent Kits. Additionally, there is no way to know if children that benefited from the IMPACT quality improvement efforts are also served through other direct service programming. Given that, we believe that actual unduplicated counts are within the 20% margin of the figures on the AR-2, meaning the actual unduplicated counts may be higher or lower.		

*There was one child served in which we have no date of birth and cannot confirm that they are either a qualifying age or another family member and therefore these five children are excluded from these totals.

AR3: Evaluation Summary

Evaluation Activities Completed

Provide a description of evaluation activities completed, evaluation findings, and their policy impact during the fiscal year. If findings are published, provide the citation and web link (if available online). These activities should focus on all four Result Areas: Family Functioning, Improved Child Development, Improved Child Health, and Improved Systems of Care. Include evaluations of prior year programs conducted during the current fiscal year. (4,000 characters maximum)

Evaluation Activities Completed

In 2020-21, First 5 Plumas County worked with their evaluation consultant (SEI) to complete the following evaluation efforts:

- SEI worked with early childhood mental health provider to establish evaluation framework for current contract.
- SEI collected and entered data into database for reporting purposes.
- SEI worked with a contracted database developer to build out a new database to manage home visiting and early mental health services.
- Developed both mid-term and annual evaluation reports that included information on home visiting, early mental health services, and systems building activities.
- Completed First 5 California Annual Reporting Requirements.

Evaluation Finding Reported

First 5 Plumas works closely with county agencies and community-based partners, leveraging local resources to increase the value of its investments. Primary investments of the Commission include **home visiting** services, **behavioral health** for families with young children, and support for a **county-wide network** of family service providers. Highlights of evaluation findings are provided below.

A total of 64 families were provided with home visiting services between July 1, 2021, and June 30, 2022. A total of 428 home visiting service encounters took place in which a total of 2,797 services were provided. The top services provided to families included parent support, listening and guidance, child development activities, and parent instruction and modeling. In addition, 31 children received a developmental screening and 17 children received integrated service delivery, meaning they were served by more than one home visiting program.

Seven families received mental health services which included children prenatal through age five, parents and caregivers, as well as other family members. A total of 100 mental health service encounters took place involving services such as play therapy, therapeutic counseling for both children and adults, parent support and guidance as well as couples counseling. For families in which outcomes data was available, all families experienced decreased risk in the areas of safety, risks to self and others, as well needs and disabilities.

The Family Strengthening Coalition (FSC) made progress on a number of its priorities despite inconsistent participation. The FSC hosted a county-wide summit to share information about programing, it established a website to serve as a central hub for family and provider information, developed an online referral mechanism to support greater access to services, created social media messaging to address issues most important to families and identified a number of funding opportunities to fill critical service gaps. Despite these accomplishments, participation in the Coalition was inconsistent and largely reliant upon the funded contractor to initiate activities.

Policy Impact of Evaluation Results

The Commission will consider the following evaluation recommendations to strengthen efforts and outcomes in the future.

Home Visiting Programs

- Develop a shared understanding of home visiting programs' target populations, service standards, and data collection expectations.
- Ensure that the evaluation framework appropriately targets the most important outcomes for families being served and establish a data collection plan that will ensure results are being measured.
- Encourage and support funded partners in managing their data in a manner that ensures comprehensive, timely, and accurate data collection practices.

Early Childhood Mental Health Project

- Revisit the ECMH evaluation framework to identify whether the elements that overlap with home visiting programs are necessary and the best use of limited resources.
- Continue to focus on comprehensive data collection.

Family Strengthening Coalition

- Focus coordination efforts on the programs funded by First 5 Plumas County with the option of expanding to other mission-aligned organizations in the future.

In support of the AR-3 evaluation summary and highlights, county commissions must provide annual reports or evaluation reports in Adobe Acrobat (pdf) format to statutorydocuments@ccfc.ca.gov.

AR3: County Highlights

Describe two or three highlights or accomplishments during the fiscal year. Examples may include efforts to address family resilience, health and development, quality early learning, sustainability and scale, or handling a community crisis. (2000 character maximum)

First 5 Plumas works closely with county agencies and community-based partners, leveraging local resources to increase the value of its investments. Primary investments of the Commission include **home visiting** services, **behavioral health** for families with young children, and support for a **county-wide network** of family service providers.

Highlights of accomplishments that occurred in FY 21-22 include:

A total of 64 families were provided with home visiting services. A total of 428 home visiting service encounters took place in which a total of 2,797 services were provided. The top services provided to families included parent support, listening and guidance, child development activities, and parent instruction and modeling.

Seven families received mental health services which included children prenatal through age five, parents and caregivers, as well as other family members. A total of 100 mental health service encounters took place involving services such as play therapy, therapeutic counseling for both children and adults, parent support and guidance as well as couples counseling. For families in which outcomes data was available, all families experienced decreased risk in the areas of safety, risks to self and others, as well needs and disabilities.

The Family Strengthening Coalition (FSC) made progress on several its priorities. The FSC hosted a county-wide summit to share information about programing, it established a website to serve as a central hub for family and provider information, developed an online referral mechanism to support greater access to services, created social media messaging to address issues most important to families and identified a number of funding opportunities to fill critical service gaps.

Last, but certainly not least, **First 5 Plumas invested in the development of a new database** that will offer it the ability to more comprehensively understand the impact of its services on families in the future.

(Note: Your narrative will be published in the First 5 California Annual Report. Please use a professional writing style within the length limit).