

First 5 Plumas County Children and Families Commission

Wednesday, January 10, 2007
Health/Human Services Annex
270 Hospital Road
Quincy, CA 95971

MEETNG MINUTES

Commission Meeting:

I. Roll Call:

Chairperson, Carol Burney called the meeting to order at 9:00 a.m. Commissioners and staff introduced themselves.

Commissioners Present: Elliott Smart, Hank Foley, Jaye Bruce, Bill Powers, Carol Burney, Carmen Lopez, and Kathy Wickman

Commissioners Absent: Klytia Dutton and Shelley Miller

Staff Present: Ellen Vieira, Executive Director

II. Approval of Meeting Minutes: October 11, 2006

Motion: Commissioner Foley made a motion to approve the minutes of October 11, 2006 as presented. Commissioner Powers seconded the motion. **Motion carried unanimously.**

III. Quarterly Budget Report

Director Vieira presented a year-to-date expense for each of the Commission's 3 budgets; 1) Local Programs, 2) School Readiness, and 3) CARES and revenue report FY 06-07. The total First 5 budget is \$664,324. School Readiness expended \$83,496.01, CARES expended \$7,740, and Local Programs expended \$63,167.15; for a total of, \$154,403.16 (see budget and revenue sheets in minute book).

Motion: Commissioner Powers made a motion to accept the Quarterly Budget and Revenue Reports FY 06-07. Commissioner Smart seconded the motion. **Motion carried with Commissioner Foley abstaining.**

IV. Public Comment

The Commission had an in-depth discussion regarding Governor's Health Care Proposal and base funding for rural counties. There was no other public comment.

V. Funded Programs Report FY 05-06 to Commission and Public

- a. Presentation by: First 5 Plumas contracted evaluation firm Minicucci and Associates
 Cathy Minicucci presented a PowerPoint Evaluation Report of First 5 Funded Programs FY 05-06. The report included Healthy Touch, New Born House Calls, Early Intervention, Indian Valley Family Advocate, Roundhouse Council Family Advocate, Healthy Smiles and CARES. Outcomes were reported on the following Focus Areas: 1) Children are healthy 2) Families are strong 3) Children are ready for schools and Schools are ready for children and 4) Systems are integrated.

Outcomes FY 05-06 Health Access, 2) Family Literacy, 3) Early Intervention

Services and Participants

- 617 home visits were conducted,
- 46 families were served intensively.
- Parents As Teachers has been integrated into home visitation programs, 5 Plumas County staff trained in PAT, 2 train PAT supervisors trained
- Ethnicity; 8% American Indian, 19% Hispanic, 65% White, and 8% unknown
- 553 children 0-5 were served and 568 parents were served

Raising A Reader-Improved Family Literacy Outcomes	Pre	Post
Established routine for reading	57%	74%
Increased frequency of reading		39%
Advise from librarian	9%	22%
Checking out children's books	43%	61%

Early Intervention Outcomes

- Infants at risk for delay were identified and served increased seven fold in 4 years
- Infants were able to leave the program after meeting their goals in a shorter time period than those who did not receive services until after they turned age three
- One third of infants served showed improvement in cognitive development within an 11 month period

CARES Outcomes

- 28 of 29 applicants completed professional growth requirements and received stipends
- Providers: 16 center providers and 12 family child care homes
- Stipend range \$990.87 to \$1,290.87
- Propostion 10 and AB 212 funds were braided through collaboration with the Local Child Care Planning Council
- Equitable distribution between center and home based providers was accomplished

Health Outcomes of Children Receiving Intensive Services (as of 7-1-06)	Intake	6 Month Follow-up
Preventive care	67%	56%
Dental insurance	65%	94%
Medical Home	100%	100%
Medical Insurance	83%	100%

Systems Change Outcomes

- Plumas Unified School District Board of Trustees adopted a plan for kindergarten transition across the county
- Home visiting coordinating council
- Increased services to geographically isolated families

Discussion:

Commissioner Smart asked Cathy Minicucci about the county-wide relevance of the reported health outcomes. She said that the health outcomes were only reported on the families that were intensively served. That number was too small to have a countywide impact on the number of uninsured.

There were no additional comments or questions.

VI. Public Comment

There was no Public Comment

VII. Reports

a. Executive Director-Report

Resource Center Update: Director Vieira met with PCIRC director, Carolyn Widman to inform her that the Commission allocated \$5000 FY 06-07 for resource center fund development. The Portola and Indian Valley Resource Centers are under the fiscal and program direction of PCIRC's non-profit umbrella. Director Vieira reported that as a cost saving measure, both centers have reduced hours of operation.

Mental Health Update: Head Start has an MOU in place with the Mental Health Dept. to provide a mental health clinician who provides support with children who are acting out in the classroom. So far this has generated no referral of families for mental health services. Director Vieira will invite John Ringwald from Head Start as a guest speaker to provide the Commission with more information on the MOU.

Local Planning Council Update: The LPC is funding the outreach and distribution of special needs brochures in the amount of \$3,800. The intent is to increase the access of the Early Intervention program by providing outreach for parents who have children who are at risk for developmental delays or disabilities.

Birth Partners: A program developed by Early Childhood Specialist, Susie Wilson, to provide support to birthing mothers has requested support from the LPC.

The Child Abuse Prevention Council has requested training funds from First 5 Plumas for their Positive Parenting training scheduled for June 2007.

State Meetings: CCFA has a county commissioners meeting scheduled on January 24th in Sacramento. The State Commission meeting is scheduled on the 25th. Commissioners Bruce and Burney will try and attend.

Small County Augmentations: The small county augmentations will end on June 30, 2008. The Association and the state Commission staff will develop a fiscal workgroup through the Executive Committee. Director Vieira will keep the Commission posted on the workgroups progress throughout the process.

Technical Assistance RFF: First 5 California will soon be releasing a Request for Funds for regional technical assistance. Tuolumne County has agreed to be the fiscal administrator for the Northeast Region.

b. Commissioners-Report(s)

Commissioner Burney reported that she was working with the School District on an Early Intervention Infant Development program so that the district can become venderized by the Far Northern Regional Center. Director Vieira will work with PUSD on a plan for sustainability.

VIII. Program Development

a. Commission will consider a Draft School Readiness Proposal to First 5 California in the amount of \$500,000.

Motion: Commissioner Smart made a motion to approve the Plumas County Cycle 2 School Readiness Proposal to First 5 California. Commissioner Powers seconded the motion. **Motion carried with Commissioner Burney abstaining.**

IX. Public Comment

Joyce Martin, Coordinator of the Healthy Smiles Program reported that in response to National Children's Dental Health month, a poster contest with school aged children was conducted. The posters will be judged and displayed through out the county. Incentives were provided to encourage participation.

Commissioner Smart reported that the work participation portion of the Cal Works requirements provides for whole family sanctions and there are concerns that it will negatively impact children

X. Next Meeting Dates

◆ March 14, 2007 ◆ April 11, 2007 ◆ May 9, 2007 (Greenville)

XI. Adjournment

Motion: Commissioner Foley made a motion to adjourn the meeting at 11:00 a.m. Commissioner Powers seconded the motion. **Motion carried unanimously.**

Submitted by: Ellen Vieira, Executive Director